

# Understanding Behaviour that Challenges

Challenging behaviour is causing increasing concern today as many individuals have increasing levels of stress and uncertainty in their lives. This behaviour can be due to factors such as anxiety, neglect, abuse, learning disabilities and conditions like dementia. Understanding the causes of challenging behaviour is the first step towards finding ways to support individuals and manage their behaviour.

## Benefits

- Achieve a nationally recognised Level 2 qualification
- Improve your understanding of the reasons why individuals display behaviour that challenges and its impact
- Further your personal and professional development
- Be able to support individuals effectively
- Learn at a time that suits you without the need to attend college

## What you will learn

- **Unit 1**  
Understand Behaviour That Challenges
- **Unit 2**  
Understand How to Support Positive Behaviour
- **Unit 3**  
Understand the Importance of Effective Communication and the Management of Behaviour That Challenges
- **Unit 4**  
Understand the Role of Reflection and Support for Those Involved in Incidents of Behaviour that Challenges

## Delivery - A Flexible Approach

Every learner on a course with TSP Learn is assigned a personal tutor who is available to provide support as you work through your chosen course. We provide paper based learning materials and access to an online learning and assessment area. You can enrol at any time and work through the programmes at your own pace at times that suit you. Typically people complete programmes within 8-12 weeks.

## Entry Requirements

There are no minimum academic or vocational qualifications required but a good general standard of education is beneficial and would be advantageous. You must be aged 19+, and have lived in the EU for 3 years. Candidates should have a basic ability to read, write and understand spoken English. If you would like to develop your English functional skills further with us, let us know when you apply.

## Cost

Funding support is available for adults aged 19 and over for these programmes. Please contact us to confirm your eligibility.

## Take The Next Step

For further information and advice on how to start your programme contact us today:

Call: **01451 810 387** Email: **info@tsplearn.co.uk** Visit: **www.tsplearn.co.uk**